

Day Centre "Fužine"

WHO ARE WE?

The day centre "Fužine" provides daytime care for children and adolescents with profound physical and mental disabilities and additional impairments who require more demanding health care services. They use specially adapted medical equipment and devices to help them move and carry out other day-to-day activities. The centre was established in 2000 in the ground floor rooms of an apartment block in Fužine, Ljubljana.

WHAT DO WE DO?

Being different from everyone else is a real wealth. We endeavour to consider each individual's wishes, needs and abilities. There are three basic and several additional programmes available at the day centre:

1. Education and rehabilitation programme carried out in accordance with the Special Education and Training Scheme,
2. Social care including basic care and suitable accommodation conditions,
3. Health care including basic and special health treatment and special care.



Special treatment includes:

- occupational therapy,
- physiotherapy,
- speech therapy,
- psychological therapy,
- expert team work,
- participation in group projects organised by the centre "Draga" and known to expert circles.

Our activities include:

- hypo therapy,
- swimming,
- aroma therapy,
- reading.

Individuals participate in the following creative workshops:

- music,
- drawing,
- cooking.

We co-operate with parents through:

- exchange of information and experience (individual and group work),
- professional co-operation (workshops, teams, consultations, lectures),
- social gatherings,
- celebrations,
- organisation of trips and vacations,
- co-operation with the environment, local community and related institutions (joint workshops and other projects).



Day Centre "Novo mesto"

WHO ARE WE?

The day centre "Novo mesto" provides daytime care for children and adolescents with moderate, severe and profound learning disabilities and additional impairments.

The centre was established in March 1999. All children and adolescents have specific needs and require special treatment and care. The equipment and devices specially adapted to meet each individual's needs enable these individuals to learn and prepare for less dependent, quality life.

Interdisciplinary and team work is of great importance and comprises education, health, social, psychological and other elements.

WHAT DO WE DO?

- Education is carried out in accordance with the Special Education and Training Scheme

- Health care includes:

- basic and special treatment and special care,
- physiotherapy,
- occupational therapy,
- speech therapy.



- Social programme:

exchange of information, self-assistance parent groups, teams, lectures, key persons, social gatherings.

- Co-operation and integration with related and other organisations.

Our activities include:

- snoezelen,
- aroma therapy,
- care for animals,
- celebrations,
- shopping, trips,
- holidaymaking,
- games, sports activities,
- creative activities (drawing, cooking, music workshops),
- reading,
- listening stimulation (listening to music).



CUDV DRAGA
Center za usposabljanje, delo in varstvo
Dolfke Boštjančič, Draga

Draga 1, 1292 IG,
tel: 01/420 26 00, fax: 01/420 26 26,
www.center-db.si

Training, Occupation and Care Centre "Draga", Ig



School and Education

Learning Centre for Children and Adolescents

Social care with accommodation, ranking among social services in accordance with the Social Assistance Act, covers all types of assistance provided to children and adolescents with moderate, severe or profound learning disabilities by the Centre, a substitute family or some other organised unit that substitutes or supplements the function of home and family, particularly accommodation, organised meals, care and health care.

Furthermore, social care with accommodation of children and adolescents with moderate, severe or profound learning disabilities comprises training in accordance with a special act regulating the area of education.

The above-mentioned service for children and adolescents with moderate, severe or profound learning disabilities is carried out in several units within the Training, Occupation and Care Centre "Draga" in accordance with the Decision on Placement issued by the National Education Institute of the Republic of Slovenia. It comprises social care and whole-day or daytime accommodation provided by the Centre, by a substitute



family or through some other arrangement, and a variety of other programmes aimed at the substitution and disburdening of home and family functions.

Accommodation arrangements include:

- whole-day care,
- daytime care,
- short-term or temporary care,
- emergency accommodation.

The organisational unit "Centre" carries out various education, social care and health care programmes for children and adolescents with moderate, severe and profound learning disabilities and additional impairments, scheduled to attend adapted programmes for pre-school children with special educational needs or special education and training schemes. These comprehensive programmes are carried out at least until an individual reaches the compulsory school-leaving age. As a rule, education may be prolonged for a further period in which the individual is expected to make progress, but it may only last up to the age of 26. All programmes are carried out by teaching staff in close co-operation with other professionals. Each pupil is provided with his or her own personal education programme, prepared and carried out jointly by



a team of experts including teachers, doctors, social workers, psychologists, parents and guardians. On the basis of an individual placement decision, a pupil may either visit the Centre on a daily basis, or stay at the Centre and receive residential training.

The organisational unit "Centre" consists of the following units:

- Daytime care:
 - Day Centre "Šiška"
 - Day Centre "Fužine"
 - Day Centre "Novo mesto"

- Whole-day care:
 - Residential Home for Children and Adolescents "Platana"
 - Residential Home for Children and Adolescents "Jelka"
 - Residential Home for Children and Adolescents "Češnja"
 - Residential Home for Children and Adolescents "Breza"
 - Residential Home for Children and Adolescents "Višnja"
 - Residential Home "Šiška"



Residential Home and Day Centre "Šiška"

WHO ARE WE?

- Children and adolescents with physical, mental and moving impairments, predominantly from Ljubljana and its vicinity.
- The residential home "Šiška" provides whole-day care. The day centre "Šiška" provides daytime care.
- The individuals participate in a special education and training programme.
- The beginning of our work goes back to 1988, when the first day care department was established as part of the H. C. Andersen nursery. We moved to the present location in 1990.

We live in the middle of an urban settlement and meet people from the neighbourhood every day. Our co-operation with local nurseries and schools is excellent.

WHAT DO WE DO?

- We:
- attend school,
 - learn how to take care of ourselves and prepare for life,
 - learn to understand each other using words, picture symbols, photos and sometimes a communicator,
 - our communication is also non-verbal - it is



- the language of look, smile and touch,
- learn to use the PECS system (communication through the exchange of pictures),
- listen to TLP programme (the Listening Programme),
- use computers for work and play,
- use a special multimedia room and a new learning environment "Womb",
- enjoy visiting snoezelen,
- attend creativity workshops (drawing, music, cooking, dance, puppet workshops, etc.),
- take care of pets,
- participate in reading projects,
- take time for spiritual life,
- celebrate various events,
- enjoy shopping in the town and visiting a snack bar to drink a cup of coffee or a glass of juice,
- act as self-advocators and select key persons to assist and represent us,
- walk and hike, go to trips,
- exercise in a gym at Ig and participate in therapeutic horse riding,
- swim in the Ig swimming pool,
- participate in sports and games (MATP),
- act in real drama performances - come and see us!
- visit cinema and theatre,
- spend holidays at the seaside, in spa resorts and other places,
- organise social gatherings with parents.

